



Sand Volleyball COVID-19 Guidelines

Guidelines and Modifications

Category	Guidelines and Modifications
General	<ul style="list-style-type: none"> All requirements to be shared with players and field monitor prior to first game. Mandatory zoom meeting to be attended by at least 1 person per team. Players must certify having read and understood guidelines and rules prior to first game through the registration process. Courts will have laminated and posted signage with requirements and directions to follow guidelines.
Rosters / Attendees	<ul style="list-style-type: none"> Roster max per team (4v4, 6 players / 6v6, 7 players) on site No substitute players allowed No spectators allowed including kids and pets
Game Rules	<ul style="list-style-type: none"> All officials and players must adhere to six-foot social distancing. All games will have strict start and end times to ensure proper entering and exiting of the court to limit the number of players that are gathered at once. Teams must change sides on the outside of the nets on their right side between sets. No walking under the nets to change sides No referees but one (1) PSL official for every 2 courts to assist with traffic flow, sanitize equipment between games, and answer rule disputes, and more. Balls will be sanitized between games. Any new balls that enter game must be sanitized.
Players	<ul style="list-style-type: none"> Players must adhere to six-foot social distancing on AND off the field of play. Players must conduct daily symptom assessment. Anyone experiencing symptoms or has come into contact with someone who has tested positive for COVID-19 in the last 14 days must stay home. * It is recommended that players wear masks at all times. No alcohol is allowed to be brought to the court and will be strictly enforced. No spitting, sunflower seeds, snot rockets, etc. allowed. Players must be registered on the active team roster on League Lab. Players must show ID upon arrival to the field. Any player not on the roster will not be allowed to play. <ul style="list-style-type: none"> Acceptable forms of ID can be anything with your name that proves you match the name on the roster Players must sanitize with provided sanitizer upon arrival to the court as well as after each set.

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	<ul style="list-style-type: none"> • Players must bring and use their own water and water bottle. No team water coolers or shared drinking stations are permitted. • Whenever possible, equipment and personal items should have proper separation and should not be shared amongst team players. If equipment must be shared within a team, proper sanitation should be administered between players. • Players should adhere to the “No Touch Rule” by refraining from high fives, handshake lines, and other physical contact with teammates, opposing players, and umpires. A “tip of the cap” can be used following the game in lieu of handshakes. • If a player develops symptoms while at a game, the player must immediately isolate and/or seek medical care.
Official	<ul style="list-style-type: none"> • Official must adhere to six-foot social distancing while on site • Official must conduct daily symptom assessment. Anyone experiencing symptoms or has come into contact with someone who has tested positive for COVID-19 in the last 14 days must stay home. * • Official must wear masks at all times. • If an official develops symptoms while at a game, the official must immediately isolate and/or seek medical care.
Arrival to Field	<ul style="list-style-type: none"> • Players and officials must adhere to six-foot social distancing upon arrival and at all times at the courts / facility. • Players and officials must conduct a daily symptom assessment prior to arriving at field. Anyone experiencing symptoms or has come into contact with someone who has tested positive for COVID-19 in the last 14 days must stay home. * • Players and officials are strongly recommended to travel to the games alone or with a member(s) of their immediate family / household. • Players must remain in cars until allotted time or all players from the prior game have left the field. • Players and officials must sanitize using hand sanitizer provided upon arrival. • Official will have all equipment. Gloves will be provided to players to use when helping to put in place and take down the court boundaries. Court boundaries will be sanitized at beginning and end of each night.
Leaving the Field	<ul style="list-style-type: none"> • Players must leave immediately after the game ends. • Players will not be permitted congregate in common areas or parking lot following the game.

*Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and new loss of taste or smell.