



Indoor Sports COVID-19 Guidelines

Guidelines and Modifications

Category	Guidelines and Modifications
General	<ul style="list-style-type: none"> • All requirements to be shared with players and umpires prior to first game. • Players must certify having read and understood guidelines and rules prior to first game through the registration process. • Players are required to adhere to the guidelines of the facility in which they are playing. • Masks must be worn at all times.
Rosters/Attendees	<ul style="list-style-type: none"> • No substitute players allowed
Game Rules	<ul style="list-style-type: none"> • All officials and players must adhere to six-foot social distancing. • Courtesy time is reduced to 5 minutes after scheduled game start time. • No sharing of equipment between teams is permitted.
Players	<ul style="list-style-type: none"> • Players must adhere to six-foot social distancing at all times while inside the facility • Players must conduct daily symptom assessment. Anyone experiencing symptoms or has come into contact with someone who has tested positive for COVID-19 in the last 10 days must stay home. * • Players are required to wear masks at all times. • Players must be registered on the active team roster on League Lab. • Players must show ID upon arrival to the facility. Any player not on the roster will not be allowed to play. <ul style="list-style-type: none"> • Acceptable forms of ID can be anything with your name that proves you match the name on the roster. • Players are encouraged to sanitize with provided sanitizer upon arrival to the facility as well as anytime they come into contact with playing equipment. • Players must bring and use their own water and water bottle. No team water coolers or shared drinking stations are permitted. • Whenever possible, equipment and personal items should have proper separation and should not be shared amongst team players. If equipment must be shared within a team, proper sanitation should be administered between players. • Players should adhere to the “No Touch Rule” by refraining from high fives, handshake lines, and other physical contact with teammates, opposing players, and umpires. A “tip of the cap” can be used following the game in

	<p>lieu of handshakes.</p> <ul style="list-style-type: none"> • If a player develops symptoms while at a game, the player must immediately isolate and/or seek medical care.
Officials	<ul style="list-style-type: none"> • Officials must adhere to six-foot social distancing at all times while inside the facility. • Officials must conduct daily symptom assessment. Anyone experiencing symptoms or has come into contact with someone who has tested positive for COVID-19 in the last 10 days must stay home. * • Officials must wear masks at all times. • If an official develops symptoms while at a game, the official must immediately isolate and/or seek medical care.
Arrival to Facility	<ul style="list-style-type: none"> • Players and officials must adhere to six-foot social distancing at all times while inside the facility. • Players and officials must conduct a daily symptom assessment prior to arriving at field. Anyone experiencing symptoms or has come into contact with someone who has tested positive for COVID-19 in the last 10 days must stay home. * • Players and officials are strongly recommended to travel to the games alone or with a member(s) of their immediate family / household. • Players and officials are encouraged to sanitize using hand sanitizer provided upon arrival.
Leaving the Field	<ul style="list-style-type: none"> • Players must maintain social distance when congregating in common areas or parking lot following the game. • Players should be mindful of the spaces needed for the teams whose games are in progress and leave space for arriving teams to safely prepare for their games.

*Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and new loss of taste or smell.